***Designated Medical and water carrier personnel***

A maximum of four (4) personnel are permitted to fulfil the roles of medics/water carriers. Medics and water carriers must wear the relevant bib/identification and composition may be any of the following:

* **One Medic and up to three water carriers**- the medic or a water carrier (but not both) may operate from the far side of the field.
* **No medics**- a team may have up to four water carriers. One water carrier may operate from the far side of the field.
* **Note**: an Assistant Coach is permitted to be a water carrier

**Water carriers**

* Water may only be taken on the field during stoppages in play. These are when:
  + There is an injury in  the playing area and
  + A try has been scored.
* The water carriers are not permitted in the playing area during penalty kicks at goal.
* Water bottles must not be thrown on to the field of play
* Water carriers must not obstruct, interfere or direct comments at Match Officials.

**Medical personnel**

* One of the medically trained people permitted as listed above may be positioned on the far side of the playing area on the touch line opposite the team benches and may move along the touch line.

Medics must not obstruct, interfere or direct comments at Match Officials.

**Only designated personnel are allowed in coaching area, reserves area, and on field.**

**FOR GRAND FINAL**

**The coach of each team has two choices:**

a) Coaching box in grandstand

b) Technical box on ground